



RPMI EXTERNAL RESOURCE DIRECTORY

Curated DDS, CMS, HCBS, DSP, and Residential Services Links

for Learners, Trainers, Supervisors, and Program Leaders

Issuing Institution	Residential Program Management Institute (RPMI)
Document Type	Public resource directory for research, training, onboarding, and study use
Audience	Learners, trainers, supervisors, program managers, directors, and quality staff
Update Note	External links change over time; RPMI should validate high-use links periodically

Prepared for RPMI learners and trainers who need credible, publicly accessible sources for policy review, implementation study, workforce development, person-centered practice, rights protection, health and safety, quality oversight, and trainer preparation.

How to Use This Directory

A curated public reference guide aligned to the same RPMI catalog-ready, compliance-conscious style used across the existing curriculum series.

Recommended use.

- Use the official CMS/Medicaid and ACL links first when building policy, curriculum, or compliance-sensitive training.
- Use the PDF section for downloadable reference materials that can be assigned in pre-work or trainer packets.
- Use the YouTube and webinar section for short study sessions, lunch-and-learns, or facilitated discussion.
- Use the state DDS / IDD agency portal section when a trainer needs jurisdiction-specific examples or policy comparison.

Quick-start study paths.

Learner Starter Sequence	Trainer / Research Sequence
<ol style="list-style-type: none"> 1. Medicaid HCBS overview 2. HCBS Final Regulation and HCBS provisions 3. ACL person-centered planning 4. CDC long-term care safety resources 5. SAMHSA trauma-informed care 6. NADSP ethics and competencies 	<ol style="list-style-type: none"> 1. CMS HCBS quality and measures 2. DSW Core Competency Project 3. ACL DCW Strategies Center 4. NCI / NASDDDS quality data 5. DOJ / ADA Olmstead resources 6. State DDS / IDD agency portals

1. Official CMS / Medicaid Core Resources

Highest-priority federal pages for HCBS rules, quality, authorities, and workforce training.

Section use: Highest-priority federal pages for HCBS rules, quality, authorities, and workforce training.

Resource	Format	Best Use	Link
<p><u>Home & Community Based Services</u> Best starting point for HCBS basics, authorities, trends, and federal orientation.</p>	Website	Best starting point for HCBS basics, authorities, trends, and federal orientation.	https://www.medicaid.gov/medicaid/home-community-based-services
<p><u>HCBS Final Regulation</u> Core HCBS settings-rule landing page with related links, updates, and implementation materials.</p>	Website	Core HCBS settings-rule landing page with related links, updates, and implementation materials.	https://www.medicaid.gov/medicaid/home-community-based-services/guidance/home-community-based-services-final-regulation/index.html
<p><u>HCBS Provisions in the 2024 Access Final Rule</u> Current HCBS policy changes on person-centered planning, incident management, grievance systems, worker payment trans...</p>	Website	Current HCBS policy changes on person-centered planning, incident management, grievance systems, worker payment transparency, waiting lists, and measures.	https://www.medicaid.gov/medicaid/access-care/home-and-community-based-services-provisions
<p><u>HCBS Guidance & Additional Resources</u> Official CMS technical assistance hub for letters, FAQs, bulletins, and HCBS guidance.</p>	Website	Official CMS technical assistance hub for letters, FAQs, bulletins, and HCBS guidance.	https://www.medicaid.gov/medicaid/home-community-based-services/home-community-based-services-guidance
<p><u>HCBS Quality</u> Overview of CMS quality oversight across HCBS and LTSS delivery systems.</p>	Website	Overview of CMS quality oversight across HCBS and LTSS delivery systems.	https://www.medicaid.gov/medicaid/home-community-based-services/home-and-community-based-services-hcbs-quality
<p><u>HCBS Quality Measures</u> Detailed measure page for HCBS CAHPS</p>	Website	Detailed measure page for HCBS CAHPS and other HCBS / LTSS	https://www.medicaid.gov/medicaid/home-community-

and other HCBS / LTSS measures.		measures.	based-services/home-community-based-services-quality/home-community-based-services-quality-measures
<u>HCBS Health and Welfare</u> Useful for incident management, abuse/neglect prevention, and participant safeguards.	Website	Useful for incident management, abuse/neglect prevention, and participant safeguards.	https://www.medicaid.gov/medicaid/home-community-based-services/guidance/home-community-based-services-health-and-welfare
<u>HCBS Authorities</u> Federal overview of 1915(c), 1915(i), 1915(j), and 1915(k) pathways.	Website	Federal overview of 1915(c), 1915(i), 1915(j), and 1915(k) pathways.	https://www.medicaid.gov/medicaid/home-community-based-services/home-community-based-services-authorities
<u>1915(c) HCBS Waivers</u> Core page for waiver basics, state flexibility, and health/welfare responsibilities.	Website	Core page for waiver basics, state flexibility, and health/welfare responsibilities.	https://www.medicaid.gov/medicaid/home-community-based-services/home-community-based-services-authorities/home-community-based-services-1915c
<u>1915(i) State Plan HCBS</u> Useful when teaching state-plan HCBS options and targeted populations.	Website	Useful when teaching state-plan HCBS options and targeted populations.	https://www.medicaid.gov/medicaid/home-community-based-services/home-community-based-services-authorities/home-community-based-services-1915i
<u>Self-Directed Services</u> Federal overview of self-direction and person-controlled service delivery.	Website	Federal overview of self-direction and person-controlled service delivery.	https://www.medicaid.gov/medicaid/long-term-services-supports/self-directed-services/index.html
<u>Online Training for Self-Directed HCBS</u> Free CMS-linked training on recruiting, selecting, and retaining direct service workers in self-directed HCBS.	Website / Training	Free CMS-linked training on recruiting, selecting, and retaining direct service workers in self-directed HCBS.	https://www.medicaid.gov/medicaid/long-term-services-supports/direct-care-workforce/online-training-for-self-directed-hcbs

2. Official PDFs, Fact Sheets, and Downloadable CMS / ACL Documents

Downloadable references for trainer packets, learner reading lists, and policy binders.

Section use: Downloadable references for trainer packets, learner reading lists, and policy binders.

Resource	Format	Best Use	Link
<p><u>Final Rule: Home and Community-Based Services (CMCS Informational Bulletin)</u> Historic 2014 HCBS bulletin summarizing the final rule and implementation transition.</p>	PDF	Historic 2014 HCBS bulletin summarizing the final rule and implementation transition.	https://www.medicaid.gov/sites/default/files/Federal-Policy-Guidance/downloads/CIB-01-10-14.pdf
<p><u>HCBS Final Rule Fact Sheet</u> Quick explainer on key settings-rule provisions and person-centered planning expectations.</p>	PDF	Quick explainer on key settings-rule provisions and person-centered planning expectations.	https://www.medicaid.gov/medicaid/home-community-based-services/downloads/final-rule-fact-sheet.pdf
<p><u>HCBS Final Rule Slides</u> Slide deck useful for trainer-led orientation to the 2014 settings rule.</p>	PDF	Slide deck useful for trainer-led orientation to the 2014 settings rule.	https://www.medicaid.gov/medicaid/home-community-based-services/downloads/final-rule-slides-01292014.pdf
<p><u>Access Final Rule HCBS Payment Adequacy Slides</u> Recent federal slide deck linked to HCBS payment adequacy under the Access Final Rule.</p>	PDF	Recent federal slide deck linked to HCBS payment adequacy under the Access Final Rule.	https://www.medicaid.gov/medicaid/access-care/downloads/access-final-rule-slides-july-2024.pdf
<p><u>No Wrong Door Key Elements</u> ACL guidance document on person-centered counseling, governance, outreach, and streamlined eligibility.</p>	PDF	ACL guidance document on person-centered counseling, governance, outreach, and streamlined eligibility.	https://nwd.acl.gov/pdf/NWD_National_Key_Elements_V2.0.pdf
<p><u>DSW Core Competency Project PDF</u> Official Medicaid-hosted competency project document useful for curriculum</p>	PDF	Official Medicaid-hosted competency project document useful for curriculum design and competency mapping.	https://www.medicaid.gov/sites/default/files/2019-12/dsw-core-competency.pdf

design and competency mapping.			
<p><u>Practical Guide for Implementing a Trauma-Informed Approach</u></p> <p>SAMHSA implementation guide with downloadable PDF for organizational practice.</p>	PDF landing page	SAMHSA implementation guide with downloadable PDF for organizational practice.	https://library.samhsa.gov/product/practical-guide-implementing-trauma-informed-approach/pep23-06-05-005
<p><u>SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach</u></p> <p>Foundational trauma-informed framework and principles for program use.</p>	PDF landing page	Foundational trauma-informed framework and principles for program use.	https://library.samhsa.gov/product/samhsas-concept-trauma-and-guidance-trauma-informed-approach/sma14-4884

3. ACL, Community Living, and Person-Centered Planning

Recommended for trainers covering person-centered thinking, access systems, and community living policy.

Section use: Recommended for trainers covering person-centered thinking, access systems, and community living policy.

Resource	Format	Best Use	Link
<p><u>Administration for Community Living (ACL)</u></p> <p>Federal portal for disability and community-living policy, programs, and resources.</p>	Website	Federal portal for disability and community-living policy, programs, and resources.	https://acl.gov/
<p><u>Person-Centered Planning</u></p> <p>ACL explanation of PCP with linked reports and facilitator competency materials.</p>	Website	ACL explanation of PCP with linked reports and facilitator competency materials.	https://acl.gov/programs/consumer-control/person-centered-planning
<p><u>No Wrong Door (NWD)</u></p> <p>National long-term services and supports access initiative centered on person-friendly systems.</p>	Website	National long-term services and supports access initiative centered on person-friendly systems.	https://nwd.acl.gov/
<p><u>NWD Resources</u></p>	Website	Resource hub with tools, guides, and the key elements PDF.	https://nwd.acl.gov/

Resource hub with tools, guides, and the key elements PDF.			resources.html
<u>Building and Sustaining a No Wrong Door System</u> Useful for trainers teaching access-system design and person-centered counseling infrastructure.	Website	Useful for trainers teaching access-system design and person-centered counseling infrastructure.	https://nwd.acl.gov/building-a-nwd-system.html
<u>Strengthening the Direct Care Workforce</u> ACL workforce page with links to federal training and workforce strategy materials.	Website	ACL workforce page with links to federal training and workforce strategy materials.	https://acl.gov/programs/direct-care-workforce
<u>Direct Care Workforce Strategies Center</u> ACL-funded center for recruitment, retention, data, financing, and training strategy.	Website	ACL-funded center for recruitment, retention, data, financing, and training strategy.	https://acl.gov/DCWcenter
<u>Professional Training & Education (DCW Strategies Center)</u> Curated training and education resources for direct care / DSP workforce strengthening.	Website	Curated training and education resources for direct care / DSP workforce strengthening.	https://acl.gov/DCWcenter/TrainingAndEducation
<u>Data & Research (DCW Strategies Center)</u> Useful for trainers, quality staff, and program leaders needing workforce evidence and reports.	Website	Useful for trainers, quality staff, and program leaders needing workforce evidence and reports.	https://acl.gov/DCWcenter/DataAndResearch
<u>National Guidelines for Apprenticeship Standards for the DSP Occupation</u> Helpful when exploring workforce ladders and apprenticeship-based development.	Website	Helpful when exploring workforce ladders and apprenticeship-based development.	https://acl.gov/node/11671

4. Rights, Integration, Safety, and Trauma-Informed Practice

Cross-functional public resources for rights protection, integration, long-term care safety, and trauma-informed services.

Section use: Cross-functional public resources for rights protection, integration, long-term care safety, and trauma-informed services.

Resource	Format	Best Use	Link
<p><u>DOJ Statement on the ADA Integration Mandate and Olmstead</u> Key civil-rights reference for community integration and least restrictive service expectations.</p>	Website	Key civil-rights reference for community integration and least restrictive service expectations.	https://www.ada.gov/resources/olmstead-mandate-statement/
<p><u>DOJ Q&A on Olmstead, Employment, and Day Services</u> Useful for trainers discussing segregation, day services, and community-based alternatives.</p>	Website	Useful for trainers discussing segregation, day services, and community-based alternatives.	https://www.ada.gov/resources/olmstead-employment-qa/
<p><u>CDC: Infection Prevention and Long-term Care Facility Residents</u> Public long-term care safety and infection-prevention resource.</p>	Website	Public long-term care safety and infection-prevention resource.	https://www.cdc.gov/longtermcare/index.html
<p><u>CDC Disability and Health Multimedia</u> Videos, webinars, and podcasts for disability inclusion and health education.</p>	Website	Videos, webinars, and podcasts for disability inclusion and health education.	https://www.cdc.gov/disability-and-health/articles-documents/multimedia.html
<p><u>SAMHSA Trauma-Informed Care</u> Current SAMHSA overview of trauma-informed care and the federal task force.</p>	Website	Current SAMHSA overview of trauma-informed care and the federal task force.	https://www.samhsa.gov/mental-health/trauma-violence/trauma-informed-care
<p><u>SAMHSA Trauma-Informed Approaches and Programs</u> Useful for implementation examples and organizational principles.</p>	Website	Useful for implementation examples and organizational principles.	https://www.samhsa.gov/mental-health/trauma-violence/trauma-informed-approaches-programs
<p><u>TIP 57: Trauma-Informed Care in Behavioral Health Services</u></p>	PDF landing page	Well-known manual for structured study and trainer reference.	https://library.samhsa.gov/product/TIP-57-Trauma-

Well-known manual for structured study and trainer reference.

[Informed-Care-in-Behavioral-Health-Services/SMA14-4816](#)

5. DSP Professionalization, Ethics, and Workforce Development

Recommended for RPMI learners, trainers, and supervisors building professional identity and workforce standards.

Section use: Recommended for RPMI learners, trainers, and supervisors building professional identity and workforce standards.

Resource	Format	Best Use	Link
NADSP Resource Library Broad resource hub for DSP ethics, competencies, and workforce tools.	Website	Broad resource hub for DSP ethics, competencies, and workforce tools.	https://nadsp.org/resources/
NADSP Code of Ethics Essential ethics reference for DSP practice and trainer discussion.	Website	Essential ethics reference for DSP practice and trainer discussion.	https://nadsp.org/ethics-competency/
NADSP Services Overview of certification, training, curricula, and accreditation offerings.	Website	Overview of certification, training, curricula, and accreditation offerings.	https://nadsp.org/services/
NADSP Training Virtual and keynote training topics for organizations and trainers.	Website	Virtual and keynote training topics for organizations and trainers.	https://nadsp.org/services/training/
NADSP Curricula Curriculum options on onboarding, code of ethics, supervision, and informed decision-making.	Website	Curriculum options on onboarding, code of ethics, supervision, and informed decision-making.	https://nadsp.org/services/curricula/
NADSP Onboarding Curriculum Useful benchmark for new-hire orientation structures.	Website	Useful benchmark for new-hire orientation structures.	https://nadsp.org/onboarding-curriculum-overview/
NADSP DSP Certification Reference point for national DSP credentialing language.	Website	Reference point for national DSP credentialing language.	https://nadsp.org/product/nadsp-dsp-certification/
The NADSP Competency Connection	Website	Helpful summary of the validated competency mindset for DSP work.	https://nadsp.org/the-nadsp-competency-connection/

Helpful summary of the validated competency mindset for DSP work.			
<u>NADSP HCBS Settings Rule Webinar</u> Useful trainer reference focused on DSP implications of the HCBS settings rule; access may depend on membership.	Webinar page	Useful trainer reference focused on DSP implications of the HCBS settings rule; access may depend on membership.	https://nadsp.org/direct-support-professionals-and-the-home-and-community-based-service-settings-rule-hcbs-what-you-need-to-know/
<u>Code of Ethics Train-the-Trainer Curriculum</u> Trainer-oriented ethics curriculum from NADSP; fee-based.	Website	Trainer-oriented ethics curriculum from NADSP; fee-based.	https://nadsp.org/services/curricula/code-of-ethics-curriculum/

6. Research, Data, and Performance Measurement

High-value sources for quality oversight, evaluation, trend analysis, and workforce research.

Section use: High-value sources for quality oversight, evaluation, trend analysis, and workforce research.

Resource	Format	Best Use	Link
<u>National Core Indicators (NCI)</u> Public performance measurement initiative for state disability systems.	Website	Public performance measurement initiative for state disability systems.	https://www.nationalcoreindicators.org/
<u>NCI-IDD: Who We Are</u> Explains the NCI-IDD model, partners, and use of people-driven data for quality improvement.	Website	Explains the NCI-IDD model, partners, and use of people-driven data for quality improvement.	https://idd.nationalcoreindicators.org/who-we-are/
<u>NASDDDS National Core Indicators Page</u> Good summary of how states use NCI data on rights, inclusion, planning, and safety.	Website	Good summary of how states use NCI data on rights, inclusion, planning, and safety.	https://www.nasddds.org/projects/national-core-indicators/
<u>Institute on Community Integration: Direct Support Workforce</u>	Website	Strong research and overview page on DSP roles, turnover, recruitment, advocacy, and supervision.	https://ici.umn.edu/program-areas/community-living-and-employment/direct-support-

Strong research and overview page on DSP roles, turnover, recruitment, advocacy, and supervision.			workforce
Direct Support Workforce Solutions Consulting and strategy hub grounded in University of Minnesota workforce research.	Website	Consulting and strategy hub grounded in University of Minnesota workforce research.	https://ici.umn.edu/projects/ITBa0eHJRC25zMPY1g3DWQ
Impact Feature Issue on the Direct Support Workforce Free ICI issue on workforce and community living trends.	Website / publication page	Free ICI issue on workforce and community living trends.	https://ici.umn.edu/products/992
DirectCourse Widely used competency-based online curriculum platform connected to ICI.	Website	Widely used competency-based online curriculum platform connected to ICI.	https://ici.umn.edu/projects/155
CMS DSW Core Competency Project Research-backed competency project supporting standardized workforce development.	Website	Research-backed competency project supporting standardized workforce development.	https://www.medicaid.gov/medicaid/long-term-services-supports/direct-care-workforce/dsw-core-competency-project

7. Selected State DDS / IDD Agency Portals

Useful for jurisdiction scans, benchmarking, and state-level service system comparison. Agency names vary by state.

Section use: Useful for jurisdiction scans, benchmarking, and state-level service system comparison. Agency names vary by state.

Resource	Format	Best Use	Link
California Department of Developmental Services Major DDS portal with HCBS programs, directives, incident reporting updates, and system initiatives.	State agency website	Major DDS portal with HCBS programs, directives, incident reporting updates, and system initiatives.	https://www.dds.ca.gov/
California DDS - About Useful for mission, least restrictive setting language, and system	State agency website	Useful for mission, least restrictive setting language, and system description.	https://www.dds.ca.gov/general/about

description.			
<p><u>Massachusetts Department of Developmental Services</u> Useful for services, area offices, person-centered supports, and NCI survey information.</p>	State agency website	Useful for services, area offices, person-centered supports, and NCI survey information.	https://www.mass.gov/dds
<p><u>Connecticut Department of Developmental Services</u> Public portal including support resources and abuse/neglect reporting links.</p>	State agency website	Public portal including support resources and abuse/neglect reporting links.	https://portal.ct.gov/dds
<p><u>New York Office for People With Disabilities (OPWDD)</u> Not named DDS, but a major IDD services portal for comparison and policy study.</p>	State agency website	Not named DDS, but a major IDD services portal for comparison and policy study.	https://opwdd.ny.gov/

8. Video, YouTube, and Webinar Resources

Public channels and video pages suitable for self-study, trainer assignments, or facilitated discussion.

Section use: Public channels and video pages suitable for self-study, trainer assignments, or facilitated discussion.

Resource	Format	Best Use	Link
<p><u>CMS Official YouTube Channel</u> Official CMS video channel linked from CMS digital media.</p>	YouTube	Official CMS video channel linked from CMS digital media.	https://www.youtube.com/user/CMSHHSgov
<p><u>CMS Digital Media</u> CMS page linking to YouTube, social media, and digital educational media.</p>	Website	CMS page linking to YouTube, social media, and digital educational media.	https://www.cms.gov/outreach-and-education/outreach/cmsnewmedia
<p><u>CMS.gov Live</u> CMS live and archived events page connected to official YouTube coverage.</p>	Website / video portal	CMS live and archived events page connected to official YouTube coverage.	https://www.cms.gov/live
<p><u>ACL Official YouTube Channel</u></p>	YouTube	Official ACL channel linked from	https://www.youtube.com/user/

Official ACL channel linked from ACL.gov.		ACL.gov.	AoA25
<u>CDC Streaming Health</u> Official CDC video channel linked from CDC-TV.	YouTube	Official CDC video channel linked from CDC-TV.	https://www.youtube.com/user/CDCStreamingHealth
<u>CDC-TV</u> CDC video portal with channel links and embedded videos.	Website / video portal	CDC video portal with channel links and embedded videos.	https://www.cdc.gov/digital-social-media-tools/cdctv/
<u>CDC Townhall: Understanding Enhanced Barrier Precautions</u> Relevant long-term care infection-prevention webinar from CDC.	YouTube	Relevant long-term care infection-prevention webinar from CDC.	https://www.youtube.com/watch?v=WuX1Jn7SoHw
<u>RTC Media YouTube Channel (ICI)</u> Research and Training Center on Community Living video collection.	Website linking to YouTube	Research and Training Center on Community Living video collection.	https://ici.umn.edu/products/915
<u>Research and Training Center on Community Living YouTube Channel</u> ICI reference page for community living video content.	Website linking to YouTube	ICI reference page for community living video content.	https://ici.umn.edu/products/-8J-vF-iRkerQ4p3MmAxqA

RPMI Implementation Notes

Suggested operational use for webpage posting, learner orientation, and trainer packets.

- Post the PDF version on the RPMI website as a public download titled "DDS, CMS, HCBS, and Residential Services Resource Directory."
- Use the Word version as the master file for periodic updates and link validation.
- For webpage use, consider breaking the directory into webpage sections: Federal / HCBS, Person-Centered & Rights, Health & Safety, Workforce Development, Research & Data, State DDS Portals, and Videos.
- Some external resources, especially webinars or third-party training pages, may require membership or may move over time. RPMI should periodically review the highest-use links.

RPMI success standard: the resource library should give learners and trainers one credible starting point for official policy, public training materials, workforce research, and implementation study.